

TRY BEGINNER SYNCHRO!



Why Synchronized Skating?

Synchronized skating is one of the most popular facets of U.S. Figure Skating. There are approximately 625 synchronized teams registered with U.S. Figure Skating. In recent years, approximately 5,000 athletes on more than 300 teams compete at the Sectional Synchronized Skating Championships.

Synchronized skating is a “lifetime” sport. Athletes can begin at the Snowplow Sam Synchro and Synchro Skills 1-3 levels, move up through the developmental levels of preliminary and pre-juvenile, then compete at the nationally competitive juvenile – senior, and even collegiate levels.

Benefits for athletes:

Athletes improve and develop skating skills.

Athletes learn all the valuable life lessons that come from participating in a team sport.

Athletes at the high school and college level have opportunities to develop leadership skills which will help them in the next phase of their life.

Adult athletes enjoy participating in the sport for fitness and social outlets.

Synchro is coming to Morgantown starting Fall 2018! Teams must be composed of 8 to 16 skaters, the requirements to join are:

- Skaters must own a pair of skates
- Each skater must be a member of either the Learn to Skate program or the Mason-Dixon Figure Skating Club
- For beginner level requirements, the *majority* of skaters must be under 12 years of age.



To learn more about synchronized skating, you can find information at usfsa.org, under the Programs tab and Synchronized/Synchro Skills.

Beginner Synchro will be coached next season by Devan Tighe. If you're interested or have any questions about the program, contact Devan at: dmt0001@mix.wvu.edu or (304) 550-7263